











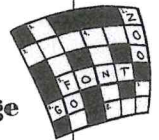




July 2014



Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors


Mon	Tue	Wed	Thu	Fri
<p>July Birthdays In Red</p> 	<p>1 Games</p> 	<p>2 Games</p> <p>Bill Kerr</p>	<p>3 <u>Wear Red White & Blue</u></p> <p>Nutritional Information Games</p>	<p>4 Closed for Fourth of July</p> <p>5 John McDonough</p> 
<p>7 Bingo & Bridge</p>  <p>Leroy Willis</p>	<p>8 Games</p>		<p>10 Games</p>	<p>11 Devotional with Beth @ 11:15 Games</p> 
<p>14 Nutritional Information</p> <p>Bingo & Bridge</p>	<p>15 Games</p> <p>Bunnie Minot</p> 	<p>16 Back to the 40's game</p> <p>Advisory Committee Meeting 1:00</p>	<p>17 Games</p> 	<p>18 Shop @ The Pinnacle + Lunch @ Habaneros (Mexican) Games</p>
<p>21 Crossword Puzzle</p>  <p>Bingo & Bridge</p>	<p>22 Games</p>	<p>23 Games</p> <p>Sarah Lang</p>	<p>24 Games</p> 	<p>25 Nutritional Information Games</p> <p>27 Larry Richardson Linda Plummer</p>
<p>28 Bingo & Bridge</p> 	<p>29 Nutritional Information Games</p>	<p>30 Jerusalem @ Imax and lunch out (location to be announced)</p> 	<p>31 Games</p> 	<p>Center is open Monday-Friday 9 a.m.—1 p.m.</p>

Noon Menu

ADSS NUTRITION PROGRAM

JULY

SUMMER 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><u>Menu 2</u> 1</p> <p>Chicken Alfredo Country Corn Broccoli/Carrots Fresh Fruit Wheat Roll Margarine Chocolate Cake Milk</p>	<p><u>Menu 3</u> 2</p> <p>Tomato Juice Vegetable Plate: Macaroni & Cheese Black Eyed Peas Collard Greens Cornbread Margarine Chocolate Chip Cookies - 2 Milk/Buttermilk</p>	<p><u>Theme Menu</u> 3</p> <p>Apple Cherry Juice BBQ Chicken Thigh Baked Beans Coleslaw Texas Bread Margarine Banana Pudding/Wafers Milk</p>	<p>4</p> <p>CENTERS CLOSED</p> 
<p><u>Menu 6</u> 7</p> <p>Cranberry Juice Beef Fingers(3)/Brown Gravy Buttered Rice Confetti Carrots Whole Wheat Bread Margarine Oats & Honey Graham Cookie Milk</p>	<p><u>Menu 7</u> 8</p> <p>Blended Juice BBQ Rib Patty Butter Beans Summer Vegetables Wheat Bread Margarine Oatmeal Crème Pie Milk</p>	<p><u>Menu 8</u> 9</p> <p>Chicken Broccoli Rice Casserole Cabbage Cold Country Tomatoes Fresh Fruit Wheat Bread Margarine Birthday Cake Milk</p>	<p><u>Menu 9</u> 10</p> <p>Orange/Pineapple Juice Sliced Turkey/Gravy Whipped Sweet Potatoes Mustard Greens Cornbread Margarine Chocolate Pudding Milk/Buttermilk</p>	<p><u>Menu 10</u> 11</p> <p>Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk</p>
<p><u>Menu 11</u> 14</p> <p>Apple Juice Grilled Pork Patty/Brown Gravy Country Potatoes Mixed Vegetables Whole Wheat Bread Margarine Raisin Crème Pie Milk</p>	<p><u>Menu 12</u> 15</p> <p>Grape Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk</p>	<p><u>Menu 13</u> 16</p> <p>Teriyaki Meatballs (3) Buttered Rice Broccoli and Carrots Fresh Fruit Wheat Bread Margarine Strawberry Gelatin Milk</p>	<p><u>Menu 14</u> 17</p> <p>BBQ Chicken Diced Brussels Sprouts Four Seasons Blend Sliced Peaches Hamburger Bun Yellow Cake Milk</p>	<p><u>Menu 15</u> 18</p> <p>Orange Juice Meatloaf/Brown Gravy Delmonico Potatoes Mixed Greens Cornbread Margarine Lemon Pudding Milk/Buttermilk</p> <p><i>Picnics</i></p>
<p><u>Menu 16</u> 21</p> <p>Orange/Pineapple Juice Beef Tips/Rice Green Peas/Diced Red Peppers Okra & Tomatoes Wheat Bread Margarine Lemon Cake Milk</p>	<p><u>Menu 17</u> 22</p> <p>Baked Chicken Thigh Whipped Potatoes Spinach Green Bean Salad Wheat Bread Margarine Fig Bar Milk</p>	<p><u>Menu 18</u> 23</p> <p>Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk</p>	<p><u>Menu 19</u> 24</p> <p>Grape Juice Ham & White Beans California Vegetables Macaroni Salad Cornbread Margarine Sugar Cookies-2 Milk/Buttermilk</p>	<p><u>Menu 20</u> 25</p> <p>Blended Juice Chicken Parmesan Whole Wheat Pasta Italian Green Beans/Red Peppers Wheat Breadstick Margarine Orange Pineapple Gelatin Milk</p>
<p><u>Menu 1</u> 28</p> <p>Orange Juice Swiss Steak Whipped Potatoes Green Peas Wheat Bread Margarine Nutty Buddy Milk</p>	<p><u>Menu 2</u> 29</p> <p>Chicken Alfredo Country Corn Broccoli/Carrots Fresh Fruit Wheat Roll Margarine Chocolate Cake Milk Alternate: Chicken Cordon Bleu Casserole</p>	<p><u>Menu 3</u> 30</p> <p>Tomato Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Collard Greens Cornbread Margarine Chocolate Chip Cookies - 2 Milk/Buttermilk</p> <p><i>Picnics</i></p>	<p><u>Menu 4</u> 31</p> <p>Smoked Sausage Red Beans & Rice Country Vegetables Fresh Fruit Hot Dog Bun Diced Onions Mustard Cherry Gelatin Milk</p>	